Patent Claims:

- 1. A snow board with a divided gliding surface, characterized by a basic body (10) consisting of two gliding members (2;3) and an elongate web (4) provided between the gliding members (2;3), lateral slots (11) being provided between the gliding members (2;3) and the elongate web (4), the transition sites of the elongate web (4) with the forward and rear section (5;6) of the basic body (10) being curved.
- 2. The snow board of claim 1, characterized by the elongate web (4) being structured as a support surface for a snow boarder and the slots (11) between the gliding members (2;3) and the elongate web (4) having height of up to 5 cm, preferably 3 to 5 cm.
- 3. The snow board of claims 1 and 2, characterized by the glide members (2;3) being in their longitudinal directions provided with a waistline (9) and spacers (8) being fixedly or movable and replaceably arranged on the surfaces of the gliding members (2;3).
- 4. The snow board of claims 1 to 3, characterized by the fact that the releasable connection of the spacer elements (8) with the gliding members (2;3) is provided by insert (7).